

MEETING NOTICE & AGENDA

ADVISORY COUNCIL

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| LOCATION | Agency on Aging Area 4 1401 El Camino Ave. Suite 400, Sacramento, Ca 95815 |
| ALTERNATE LOCATION: | Sierra County Sierra County School for Adults 605 School Street Loyalton, CA 96118 |
| DATE: | January 15, 2026 |
| TIME: | 10:00 a.m. – 12:00 p.m. |
| ZOOM: | Members of the public wishing to join the meeting via Zoom, please use this link: Click Here to Join |

I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, APPROVE TELECONFERENCING MEMBERS

- A. IF NEEDED – AB 2449 “just cause” provision

II. ROLL CALL

III. PUBLIC COMMENT

IV. CONSENT

- A. Adopt the Agenda
- B. Approve the Minutes from 11/14/25
- C. Approve Meeting Calendar for 2026
- D. Approve Committee Appointments for 2026

V. CORRESPONDENCE

- A. CDA Approval of the 2025-26 Area Plan

VI. ACTION

- A. Not Applicable

VII. DISCUSSION/PRESENTATION

- A. Ken Dychwald's Future Vision of Health, Aging and Longevity, USAging Video: Part 1
- B. An Update on CA 2030 Implementation, *presented by Pam Miller & Will Tift*
- C. Update on AAA's Health Care Projects, *presented by Anson Houghton*

VIII. REPORTS

- A. Executive Committee
 - What's Your Why?
- B. Governing Board
- C. Area Plan Committee (APC)
- D. Grants Review Committee (GRC)
- E. Executive Director

IX. ANNOUNCEMENTS

Disability Accommodations:

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876 or email governingboard@agencyonaging4.org at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.
