

**UPDATED**

**MEETING NOTICE  
AAA4 ADVISORY COUNCIL**

**(916) 486-1876**

**DATE: March 20, 2025  
TIME: 10:00 a.m. – 12:00 p.m**

**Our Mission:** Enriching the lives of older adults and people with disabilities by **FOSTERING** networks of support, **ADVOCATING** for individual choice, **COLLABORATING** with others, **ENSURING** equity, and **STRIVING** to do so with conviction.

**PLACE(S):**

**SACRAMENTO COUNTY**

Agency on Aging Area 4  
~Board Room~  
1401 El Camino Avenue, Suite 400  
Sacramento, CA 95815

**SIERRA COUNTY**

**Alternate Location:**  
& Sierra County Schools for Adults  
605 School Street  
Loyalton, CA 96118

**AGENDA**

- I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, ROLL CALL, WELCOME & INTRODUCTIONS**
- II. COMMENTS FROM THE PUBLIC**
- III. CONSENT CALENDAR**
  - A. Adopt the Agenda.....2 min.
  - B. Approve Minutes From 1/16/2025.....2 min.
  - C. Approve updated 2025 Committee Appointments..... 2 min.
- IV. CORRESPONDENCE**
  - A. SB 239 (Arreguín) Coalition Letter ADA.....3 min.
- V. ACTION ITEM .....10 min.**
  - A. Approve Legislative Committee Recommendation  
Support SB 239 (Arreguín) Local Government Open Meetings - Teleconferencing
- VI. DISCUSSION/PRESENTATIONS .....80 min.**
  - A. Update on the Yuba-Sutter LADAP (Local Aging and Disability Action Plan) Grant,  
*presented by AAA4 Staff German Ayon*
  - B. Where Older Adults Live, by the Numbers (Part 2): Poverty and Disability Data for Local  
Census Designated Places, *a discussion facilitated by AAA4 Staff Will Tift*
  - C. A tentative funding forecast for AAA4, *presented by AAA4 Staff*
- VII. REPORTS..... 20 min.**
  - A. Executive Committee
  - B. Legislative Committee
  - C. Area Plan Committee
  - D. Governing Board
  - E. Executive Director

**COMMITTEE MEETINGS**  
Executive Committee Meeting: **9:30 a.m. – 10:00 a.m., Thursday, March 20, 2025**  
  
*Please visit [www.agencyonaging4.org](http://www.agencyonaging4.org) for additional information.*

**VIII. ROUNDTABLE: ANNOUNCEMENTS** ..... 6 min.  
**IX. ADJOURNMENT** ..... 0 min.

Attachments to be sent under separate cover

- *Letter of Support for SB 239 (Arreguín) Local Government Open Meetings - Teleconferencing*

**\*Members of the public wishing to join the meeting via Zoom, please use the link below:**

<https://us02web.zoom.us/j/81287154383>

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876, or email [AdvisoryCouncil@AgencyOnAging4.org](mailto:AdvisoryCouncil@AgencyOnAging4.org) at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.



**ADVISORY COUNCIL MEETING MINUTES**

Date: Thursday, January 16, 2025  
 Location: **SACRAMENTO** County

**I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, ROLL CALL, WELCOME & INTRODUCTION**

Vice Chair Dr. Koss called the meeting to order at 10:01 a.m., welcoming members and guests. A quorum was established.

County	AC Members Present – 14	Excused = 5; Absent = 1
Nevada	A. Mikal-Heine	K. Carpenter (E)
Placer	K. Flanagan	D. Wiltsee (E)
Sacramento	Dr. C. Koss; Dr. T. Abah; M. Jacobs; S. McBride; A. Zonderman	
Sierra	No members	
Sutter	T. Thomas; P. Epley**	
Yolo	J. Bohon; C. Dorsey; S. Brunner	
Yuba	D. Panteloglow	R. Drown (E); L. Drown (E)
At-Large	P. Nelson	R. Saenz (A); H. Linder (E)

\*\*Teleconferencing according to AB 2449 Brown Act Emergency Provision.

**On-site AAA4 Staff:** Pam Miller, Will Tift, Linda Berry, German Ayon, Julie Tharalson, Va Tran and Rashana Wright

**AAA4 Staff via Zoom:** Maggie Borowiak, Anson Houghton, Dr. Julie Bates, Teja Payne, Julie Beckner, Rebecca Hensley, Sara Martinez and Shirley Mohammed

**On-site Guests:** – Supervisor Andy Vasquez

**Guests via Zoom:** David Wiltsee, Laura Drown and Jennifer Massello, *Meals on Wheels by ACC*

**II. COMMENTS FROM THE PUBLIC – None**

**III. CONSENT CALENDAR\***

**A.** Adopt the Agenda

**B.** Approve the Minutes from 12/19/2024

One Motion for consent calendar items A & B

Motion	Second	Passed
K. Flanagan	C. Dorsey	Y= 11; N= 0; Abstain=2: Dr. C. Koss & A. Mikal-Heine

**C. Approve 2025 Committee Assignments**

With the following corrections and additions:

- Correct spelling of D. Panteloglow’s name under JPEC
- Add K. Flanagan to the Legislative Committee and A. Mikal-Heine to the JPE Committee

Motion	Second	Passed
S. Brunner	S. McBride	Y= 14; N= 0; Abstain=0

**IV. CORRESPONDENCE** – Email from CA Department of Aging (CDA) regarding corrections to the 2025-2029 Area Plan, *read by AAA4 Staff Linda Berry*

**V. ACTION ITEMS\***

**A. Installation of New Officers of 2025**

Executive Director Pam Miller administered the oath of office to the newly appointed officers:

Chair	Dr. Catheryn Koss
1 <sup>st</sup> Vice Chair	Karen Flanagan
Secretary	Sylvia McBride

Motion	Second	Passed
T. Thomas	A. Zonderman	Y= 14; N=0; Abstain=0

**VI. DISCUSSION/PRESENTATION\***

**A. Where Older Adults Live, by the Numbers: Urban, Suburban, Rural & Remote,** *presented by AAA4 Staff Will Tift*

- Five-year data 2018-2023 shared with members to show estimates from the American Community Survey (ACS) for adults age 60 and up living in local Census Designated Places.

**B. Blended and Braided Funding: New Twists on Familiar Approaches,** *presented by AAA4 Staff Anson Houghton & Will Tift*

- Combination of funds from multiple funding streams and not just one.

**C. “Food is Medicine” & The Senior Nutrition Program,** *presented by AAA4 Staff Julie Tharalson, RD*

- How to provide quality food for our aging adults, with rising costs for food.

**D. C4A Training Academy Video: “AAAs in the Community,”** *Introduced by AAA4 Executive Director Pam Miller*

- A 10-minute video was shown

**VII. REPORTS\***

**A. Executive Committee – Dr. Catheryn Koss**

- The Executive Committee met at 9:30 am and reviewed the agenda
- A suggestion was made to start the “What’s your Why?”

- Every month a member of the Advisory Council and AAA4 Staff will give a brief synopsis (2-5 minutes) of why they chose to be a part of AAA4 and a little more about you.
- If approved, this will be conducted at the end of the meetings.

**B. Diversity Committee – *Dr. Julie Bates***

- Summary of the meeting conducted on Thursday, December 19, 2024:
  - The DEIA agency statement was reviewed and approved
  - Future meetings have been scheduled for the third Tuesday of February, April, July, and October 2025
  - Discussion on strategies to assist the Nominating Committee in identifying a more diverse pool of candidates for both the Advisory Council and the Governing Board took place
  - The Advisory Council has requested the creation of a Glossary of Key Terms related to DEIA

**C. Executive Director – *Pam Miller***

- The State Budget appears to be favorable for Aging initiatives
- An allocation of one-time-only funding in the amount of \$1.6 million has been secured
- Signed a letter by Justice in Aging, urging the Governor to prioritize funding for older adults and individuals with disabilities affected by the Southern California Fires
- A Request for Proposals (RFP) has been set to commence, with the issuance scheduled for Friday, February 7, 2025. On this date, a “code of silence” will be enforced, prohibiting any discussions regarding the RFP outside of the official process
- The bidders' conference will occur concurrently with the Advisory Council meeting, so If there are no urgent matters to address during the meeting on Thursday, February 20, 2025, we may choose to go dark
- Marylin Moreno, recommended by Pam Epley, will join the Advisory Council in February as an At-Large Member representing Sutter County

**VIII. ANNOUNCEMENTS – *None***

**IX. ADJOURNMENT**

New Advisory Council Chair Dr. C. Koss adjourned the meeting at 12:00 p.m.

\*TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL [AdvisoryCouncil@agencyonaging4.org](mailto:AdvisoryCouncil@agencyonaging4.org)

*Recordings are on file for one year.*

# AGENCY ON AGING AREA 4

## 2025 COMMITTEE APPOINTMENTS

### AREA PLAN COMMITTEE

#### GOVERNING BOARD

Miko Sawamura  
William Reed  
Wendell Peters

#### ADVISORY COUNCIL

Sylvia McBride  
Melissa Jacobs  
Ann Zonderman  
Laura Drown  
Tanna Thomas  
Jim Bohon  
Seth Brunner  
Rob Drown

### AUDIT & FINANCE COMMITTEE

#### GOVERNING BOARD

Meghan Rose  
Miko Sawamura  
Nancy Pennebaker  
Cecile Nunley

### BYLAWS COMMITTEE

#### ADVISORY COUNCIL

Tanna Thomas  
Jim Bohon  
Pam Epley

### DIVERSITY COMMITTEE

#### ADVISORY COUNCIL

Charlotte Dorsey  
Melissa Jacobs  
Sylvia McBride  
Pamela Nelson  
Dr. Theresa Abah  
Tanna Thomas

## EXECUTIVE COMMITTEE

### GOVERNING BOARD

<i>Chair</i>	Supv. Sharon Dryden
<i>1<sup>st</sup> Vice Chair</i>	Nancy Pennebaker
<i>2<sup>nd</sup> Vice Chair</i>	Cecile Nunley
<i>Secretary</i>	Erin Minett
<i>Auditor/Treasurer</i>	Meghan Rose

### ADVISORY COUNCIL

<i>Chair</i>	Dr. Catheryn Koss
<i>Vice Chair</i>	Karen Flanagan
<i>Secretary</i>	Sylvia McBride

## GRANTS REVIEW COMMITTEE

### GOVERNING BOARD

Cecile Nunley	Erin Minett
Miko Sawamura	Leesa Klotz
Nancy Pennebaker	William Reed
Wendell Peters	

### ADVISORY COUNCIL

Pamela Nelson	Dr. Theresa Abah
Ann Zonderman	Pam Epley
Laura Drown	Marilyn Moreno
Karen Flanagan	Sylvia McBride
Rob Drown	

## JOINT PROGRAM EVALUATION COMMITTEE (JPEC)

### GOVERNING BOARD

Erin Minett	Cecile Nunley
Supv. Lila Heuer	Miko Sawamura
Leesa Klotz	Nancy Pennebaker
Meghan Rose	William Reed
Wendell Peters	Carl Burton

### ADVISORY COUNCIL

Harrison Linder	Karen Flanagan
Seth Brunner	Pam Epley
Marilyn Moreno	Annie Mikal-Heine

## LEGISLATIVE COMMITTEE

### GOVERNING BOARD

Meghan Rose
Leesa Klotz
Erin Minett

### ADVISORY COUNCIL

Sylvia McBride	Pamela Nelson
Melissa Jacobs	Dr. Theresa Abah
Harrison Linder	Ann Zonderman
Charlotte Dorsey	Jim Bohon
Laura Drown	Rob Drown
Karen Flanagan	

**NOMINATING COMMITTEE**

**GOVERNING BOARD**

*TBD*

**ADVISORY COUNCIL**

*TBD*

**PARLIAMENTARIAN**

**GOVERNING BOARD**

Wendell Peters

**ADVISORY COUNCIL**

*Accepting Members*

**PERSONNEL COMMITTEE**

**GOVERNING BOARD**

William Reed  
Erin Minett  
Miko Sawamura  
Meghan Rose

**RULES of PROCEDURE COMMITTEE**

**GOVERNING BOARD**

Carl Burton  
Tonya Beebe  
Erin Minett



February 28, 2025

The Honorable Jesse Arreguín  
 California State Senate  
 1021 O Street, Suite 6710  
 Sacramento, CA 95814

**RE: SB 239 (Arreguín) Open meetings: teleconferencing: subsidiary body. SUPPORT - As Introduced  
 January 30, 2025**

Dear Senator Arreguín,

The California Association of Public Authorities for In-Home Supportive Services (CAPA), and the undersigned organizations, write to express our **strong support for SB 239 (Arreguín)**. This bill would remove barriers to entry in civic participation by aligning provisions for local advisory bodies with state advisory bodies, allowing these non-decision-making sub-bodies of a legislative governing body to participate remotely via two-way virtual teleconferencing without posting of their location.

Older adults and people with disabilities provide a critical voice in their communities and an invaluable perspective to local government. These individuals should have the opportunity to serve on boards and commissions. However, the current in-person meeting requirements in the Brown Act present many challenges to older adults and people with disabilities — resulting in a diminution of ability to attend in-person meetings on a regular basis — or for many, to participate at all.

This bill supports the principles of the Americans with Disabilities Act. It allows reasonable accommodation, by meeting remotely, for people who (in many cases), would need to travel hours each way to attend in person. This travel requirement can be burdensome for those who require paratransit vehicles, gurney, and/or ventilators. Simply to attend a meeting, these necessary accommodations can cost hundreds of dollars — a cost prohibitive expense for many people.

As you know, local governments face ongoing challenges in recruitment and retention of members of the public for advisory bodies, boards, and commissions. The COVID-19 pandemic drove both hyper-awareness and concerns about the spread of infectious diseases, as well as removed barriers to local civic participation by allowing remote participation. This enabled individuals who could not otherwise accommodate the participation requirements to engage locally, giving access to leadership opportunities and providing communities with greater diversified input on critical issues.

**Addressing barriers for all people to participate in civic engagement to achieve diverse representation is not only crucial to this state, but also the right thing to do.**

The in-person requirement for participation in local advisory bodies like the *In-Home Supportive Services (IHSS) Advisory Committees*, has been challenging. The difficulty arises in finding IHSS consumers who can attend in-person meetings to represent the consumer voice in IHSS, a life-saving social service program. IHSS serves over 815,000 consumers, and by the nature of this program, those who would be advising the public authorities and boards of supervisors are mostly older adults and people with disabilities who need supportive services.

In 2023, the Legislature overwhelmingly passed and the Governor signed SB 544 (Laird) (Stats. 2023, Ch. 216). Noting equity issues presented by physical attendance requirements, this bill provided teleconferencing flexibility to members of State advisory only bodies. SB 239 would remove these same barriers to leadership opportunities by providing the same narrow exemption for non-decision-making legislative bodies that do not take final action so that equity in opportunity to serve locally and representative diversity in leadership can be achieved.

For these reasons, we are pleased to support SB 239 (Arreguín).

Sincerely,

Kim Levy Rothschild  
Executive Director  
California Association of Public Authorities for IHSS

Janie Whiteford  
President  
California IHSS Consumer Alliance

Hagar Dickman  
Senior Attorney  
Justice in Aging

Pam Miller  
Executive Director  
Area 4 Agency on Aging

Eric Harris  
Director of Public Policy  
Disability Rights California

Kim Selfon  
Medi-Cal and IHSS Policy Specialist  
Bet Tzedek

Min Chang  
Chief Executive Officer  
Homebridge

Ted Jackson  
Dir of Public Policy and Community Engagement  
Marin Center for Independent Living

Stacy Kono  
Executive Director  
Hand in Hand: The Domestic Employers Network

Susan "Tink" Miller  
Executive Director  
Placer Independent Resources Services

Dan Okenfuss  
Public Policy Manager  
CA Foundation for Independent Living Centers (CFILC)

Christina N. Mills  
Executive Director  
CA Association of Area Agencies on Aging (C4A)

Michelle Uzeta  
Deputy Director  
Disability Rights Education & Defense Fund

Aneliza Del Pinal  
Chief Executive Officer  
SOURCEWISE

cc: Members and Staff, Senate Judiciary Committee  
Members and Staff, Senate Local Government Committee

California State Association of Counties  
City Clerks Association  
League of California Cities  
Rural County Representatives of California  
Urban Counties of California

**ACTION ITEM V. A.**

**TO: AAA4 ADVISORY COUNCIL**

**FROM:** Legislative Committee

**DATE:** March 16, 2025

**SUBJECT: Approve Legislative Committee Recommendations**

The Legislative Committee met on February 20<sup>th</sup> to review bills and budget requests pertaining to older Californians. The Committee is asking the full Advisory Council to consider voting in support of the bill listed below.

- SB 239 (Arreguín) Open meetings: teleconferencing: subsidiary body

The latest information on bills can be found at: <https://leginfo.legislature.ca.gov/>

A vote of support by the Advisory Council authorizes the Council Chair to sign a letter which will be sent to the author(s) of the bill/request, to the appropriate Committee members and to local elected officials. It also authorizes representatives of the Legislative Committee to verbally express the Council's support for the bill/request during hearings at the State Capitol.

Should a bill/request be edited, the Legislative Committee will re-assess the item and may adjust its recommendation to the Advisory Council.

A roll call vote on individual bills may be held upon request.

**PRESENTATION ITEM VI. A.**

**TO: AAA4 ADVISORY COUNCIL**

**FROM: Pam Miller**

**DATE: March 16, 2025**

**SUBJECT: Update on the Yuba-Sutter LADAP (Local Aging and Disability Action Plan)**  
**Grant**

AAA4 Program Manager German Ayon will share the latest developments in Yuba and Sutter counties where work on the LADAP planning grant is winding down and recommendations are moving forward.

**DISCUSSION ITEM VI. B.**

**TO: AAA4 ADVISORY COUNCIL**

**FROM: Pam Miller**

**DATE: March 16, 2025**

**SUBJECT: Where Older Adults Live, by the Numbers (Part 2): Poverty and Disability Data for Local Census Designated Places**

As a follow up to the January 16 presentation of urban, suburban, rural and remote rural data by Will Tift, an overlay of poverty and disability figures will be presented. The intention of this information is to identify specific communities where the social and economic needs of older adults (age 60+) may be highest and lowest.

**PRESENTATION ITEM VI. C.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: Pam Miller**  
**DATE: March 16, 2025**  
**SUBJECT: A tentative funding forecast for AAA4**

Looking ahead to State Fiscal Year 2025-26, AAA4 Staff will share what is known (and not known) at this time regarding the federal budget and the State budget as it pertains to key funding streams for the Agency, including the Older Americans Act (OAA), CalAIM, CalFresh, State dollars that match/supplement OAA Nutrition, and monies that support Aging & Disability Resource Connections (ADRCs).