



# Elder Abuse

Stay Connected  
Spot the Signs  
Report Concerns

## Report Elder Abuse

Call your local Adult Protective Services agency

### Nevada County

(888) 339-7248

### Placer County

(888) 886-5401

### Sacramento County

(916) 874-9377

### Sierra County

(530) 289-3720

### Sutter County

(530) 822-7227

### Yolo County

(530) 661-2727

### Yuba County

(530) 749-6471

## Report Abuse in Long-Term Care Facilities

Your local long-Term Care Ombudsman Program investigates elder abuse complaints in long-term care and residential care facilities in the above seven counties.

**(916) 376-8910**



@agencyonaging4

[www.agencyonaging4.org](http://www.agencyonaging4.org)

## Stay in touch with the older adults in your life.

Staying connected with older adults in your life makes it easier to spot common signs of abuse: bedsores, unexplained bruises, sudden changes in behavior, large bank withdrawals, or appearing frightened around particular people.

You can report any of these 'signs' to your local Adult Protective Services agency – even if you're not certain that abuse is happening.

## PHYSICAL ABUSE

- Bruises, black eyes, welts
- Broken bones, cuts, sprains
- Sudden behavioral change
- Caregiver refuses to leave the elder adult alone

## FINANCIAL ABUSE

- Basic needs not being met
- Bills not paid
- New credit cards or increased cash withdrawals
- Unusual purchases by caregiver

## MENTAL ABUSE

- Threatening significant physical harm
- Using derogatory names, insults, profanity
- Ridiculing
- Harassment, coercion, intimidation, humiliation

## NEGLECT

- Lack of adequate food and water
- Dirty clothing and changes in personal hygiene
- Unusually messy home
- Lack of medical aids or medications



# 老年虐待

保持聯繫  
發現跡象  
通報疑慮

## 通報老年虐待

請致電您當地成人保護服務機構

### Nevada縣

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## 通報長期照護機構的虐待行為

您當地的長期照護監察員計劃負責調查上述七縣長期照護和住宅照護機構中老年人虐待投訴事件。

**(916) 376-8910**

## 與您生活中的老年人保持聯繫。

與您生活中的老年人保持聯繫，可以更容易發現常見的虐待跡象：褥瘡、不明原因的瘀傷、行為突然改變、大額銀行取款或在特定人們面前表現出恐懼。

您可以向當地成人保護服務機構通報任何這些「跡象」—即使您不確定是否正在發生虐待。

## 身體虐待

- 眼睛瘀青紅腫
- 骨折、割傷、扭傷
- 行為突然改變
- 照顧者拒絕讓老人獨處

## 經濟虐待

- 基本需求未被滿足
- 未支付帳單
- 新的信用卡或增加現金提領次數
- 照顧者異常購買

## 心理虐待

- 威脅嚴重身體傷害
- 使用貶損的稱呼、辱罵、髒話
- 嘲笑
- 騷擾、強迫、恐嚇、羞辱

## 忽視

- 缺乏充足的食物和水
- 衣服髒污且個人衛生習慣改變
- 家中異常凌亂
- 缺乏醫療輔助設備或藥物