

# MEETING NOTICE & AGENDA

## ADVISORY COUNCIL

<b>LOCATION</b>	Agency on Aging Area 4 1401 El Camino Ave. Suite 400, Sacramento, Ca 95815
<b>ALTERNATE LOCATION:</b>	Sierra County Sierra County School for Adults 605 School Street Loyalton, CA 96118
<b>DATE:</b>	January 15, 2026
<b>TIME:</b>	10:00 a.m. – 12:00 p.m.
<b>ZOOM:</b>	Members of the public wishing to join the meeting via Zoom, please use this link: <a href="#">Click Here to Join</a>

**I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, APPROVE TELECONFERENCING MEMBERS**

- A. IF NEEDED – AB 2449 “just cause” provision

**II. ROLL CALL**

**III. PUBLIC COMMENT**

**IV. CONSENT**

- A. Adopt the Agenda
- B. Approve the Minutes from 11/14/25
- C. Approve Meeting Calendar for 2026
- D. Approve Committee Appointments for 2026

**V. CORRESPONDENCE**

- A. CDA Approval of the 2025-26 Area Plan

**VI. ACTION**

- A. Not Applicable

## **VII. DISCUSSION/PRESENTATION**

- A. Ken Dychwald's Future Vision of Health, Aging and Longevity, USAging Video: Part 1
- B. An Update on CA 2030 Implementation, *presented by Pam Miller & Will Tift*
- C. Update on AAA's Health Care Projects, *presented by Anson Houghton*

## **VIII. REPORTS**

- A. Executive Committee
  - What's Your Why?
- B. Governing Board
- C. Area Plan Committee (APC)
- D. Grants Review Committee (GRC)
- E. Executive Director

## **IX. ANNOUNCEMENTS**

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### **Disability Accommodations:**

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876 or email [governingboard@agencyonaging4.org](mailto:governingboard@agencyonaging4.org) at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.

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**JOINT MEETING MINUTES  
Advisory Council & Governing Board**

Date: November 14, 2025

Location: **Sacramento County**

**I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, WELCOME & INTRODUCTIONS\*\***

Chair Supervisor Dryden called the meeting to order at 10:05 a.m. and welcoming guests.

**Advisory Council Attendance**

<i>County</i>	<i>Members Present – 14</i>	<i>Excused = 2; Absent = 0</i>
Nevada	A. Mikal-Heine	K. Carpenter (E)
Placer	K. Flanagan	
Sacramento	A. Zonderman, S. McBride, M. Jacobs, Dr. T. Abah	Dr. C. Koss (E)
Sierra		
Sutter	T. Thomas, P. Epley	
Yolo	S. Brunner, J. Bohon	
Yuba		
At-Large	P. Nelson; R. Saenz; H. Linder, M. Moreno	

**Governing Board Attendance**

<i>County</i>	<i>Members Present - 15</i>	<i>Excused = 2; Absent = 1</i>
Nevada	Supv. L. Swarthout, E. Minett	Sup
Placer	W. Reed	Supv. S. Jones (E)
Sacramento	L. Klotz; C. Burton; M. Rose; M. Sawamura, L. Batten	
Sierra	Supv. S. Dryden	L. Heuer (E)
Sutter	Supv. J. Boone, T. Beebe*	
Yolo	N. Pennebaker, Supv. S. Allen	D. Peach (A)
Yuba	Supv. A. Vasquez; W. Peters	

\*Teleconferencing according to AB 2449 Brown Act Emergency Provision.

**On-site AAA4 Staff**

Pam Miller, Dr. Julie Bates, Will Tift, Sara Martinez, Jodi Mesa, Diane Swanson, Kim Johnson, Carly Malcomson, Kellie Bruton

**AAA4 Staff via Zoom**

Julie Beckner, Nancy Vasquez, Yvonne Pacheco-Vong, Brittany Lathrop, Anson Houghton, Cindy Reigert, Melyssa Holliz

<b>On-site Guests</b>
None
<b>Guests via Zoom</b>
Magdalene DeBerg, <i>Inc. Senior Citizens of Sierra County</i> , Virginia Wieneke, <i>ACC Senior Services</i>

**II. PUBLIC COMMENT – None**

**III. ROLL CALL & CONSENT\*\***

**A. Advisory Council**

1. A quorum was established with Roll Call
2. Adopt the amended Agenda and Approve the Minutes from October 16, 2025

Motion	Second	Passed
J. Bohon	A. Zonderman	Y= 14; N= 0; Abstain= 0

**B. Governing Board**

1. A quorum was established with Roll Call
2. Adopt the amended Agenda and Approve the Minutes from October 10, 2025

Motion	Second	Passed
W. Reed	N. Pennebaker	Y= 15; N= 0; Abstain= 0

**IV. CORRESPONDENCE ~ None.**

**V. ACTION ITEMS\*\***

**A. Adopt the Slate of Officers for 2026 (Governing Board)**

The Nominating Committee met on Monday, November 10 and brought forward two slates of officers. The second slate was adopted and will be voted on at the December 12<sup>th</sup> meeting. Supervisor Dryden took a moment to thank Nancy Pennebaker for her years of service to the Board as she will not be continuing as the 1<sup>st</sup> Vice Chair for 2026.

Slate 1	Slate 2	Office
S. Dryden	S. Dryden	Governing Board Chair
T. Beebe	T. Beebe	Governing Board 1 <sup>st</sup> Vice Chair
A. Vasquez	A. Vasquez	Governing Board 2 <sup>nd</sup> Vice Chair
M. Rose	M. Rose	Treasurer/Auditor
M. Sawamura	Leesa Klotz	Secretary
		Parliamentarian (selected today)

Motion	Second	Passed
N. Pennebaker	T. Beebe	Governing Board: Y =15; N = 0; Abstain = 0

**B. Adopt Resolution #330 re: California Community Connect Project (Governing Board)**  
 Anson Houghton was excited to talk about the California Community Connect Grant and details of the opportunities it will allow. Meghan Rose also commented on how exciting this grant is and how projects like this will bring in new revenue streams to AAA4.

Motion	Second	Passed
M. Sawamura	M. Rose	Governing Board: Y =15; N = 0; Abstain = 0

- C. Approve First Quarter JPEC Recommendations (Governing Board)**  
 Will Tift reviewed the first quarter numbers and recommendations from JPEC. Collaborative oversight has been recommended for AAA4 Case Management Programs in Sutter and Yuba Counties, Legal Services of Northern California Motherload office in Nevada County, and Meals On Wheels Yolo Non-Traditional Congregate Meals all for significant below range performance in Q1. Will also thanked William Reed for being the JPEC Chair this past year.

<b>Motion</b>	<b>Second</b>	<b>Passed</b>
M. Sawamura	W. Reed	Governing Board: Y =15; N = 0; Abstain = 0

- D. Approve One-Time-Only (OTO) Expenditures (Governing Board)**  
 Will provided details regarding the \$437,110 OTO funds and how the funds would be distributed. AAA4 requested that \$100,000 of the Supportive Funds be allotted to the purchase of an upgraded software system for sharing data with HCOs and CPOs. AAA4 also requested \$26,000 of the Supportive Funds be provided to cover half the cost of the 2026 Needs Assessment project including survey distribution.

<b>Motion</b>	<b>Second</b>	<b>Passed</b>
W. Reed	J. Boone	Governing Board: Y =15; N = 0; Abstain = 0

- E. Approve Timeline for Yuba Sutter Meals on Wheels IFB for Meal Production (Governing Board)**  
 Yvonne Pacheco-Vong presented a detailed timeline for the MOW IFB process that once approved by the Governing Board will conclude with services beginning on July 1<sup>st</sup>, 2026.

<b>Motion</b>	<b>Second</b>	<b>Passed</b>
A.Vasquez	M. Rose	Governing Board: Y =15; N = 0; Abstain = 0

- F. Adopt the Annual Report (Advisory Council & Governing Board)**  
 Julie Beckner presented an overview of the Annual Report for fiscal year 2024-25. After much discussion, this action item will be carried over to the December Governing Board Meeting to give the Advisory Council and Governing Board Members time to review the Annual Report before adopting. The Advisory Council will not be meeting in December, so they will send any comments to Will Tift and agreed to waive their review so the Governing Board can move forward and adopt the Annual Report on December 12<sup>th</sup>, 2025.

**VI. PRESENTATION/DISCUSSION**

**A. An Update on AAA4’s Long-Term Ombudsman Program, *presented by Kim Johnson***

Kim gave an interactive and in depth overview of the different types of ombudsman and the role that the Long-Term Ombudsman’s serve at our Agency. She provided the names of the Ombudsman team who work in her department and what area they specialize in. The Long-Term Ombudsman program covers 7 counties and 6500 square miles. In the last year, the team of 7 field representatives conducted 3,490 facility visits. Kim encouraged the Advisory Council and Governing Board Members to get to know the Ombudsman that serve in their counties.

**B. An Update on AAA4's Audits, presented by Meghan Rose**

Meghan explained how the Executive Committee has been working with Pam and the fiscal team to resolve the issue of late audits. Meghan reviewed some of the historical circumstances that contributed to the delayed audits including many staffing challenges. In July of this year, Supervisor Dryden created an emergency ad hoc committee and has since hired Gilbert CPA's that work with a lot of non-profits. With Gilbert CPA's assistance, there has been a lot of progress towards getting the audit issues ready to be resolved. Supervisor Dryden, Nancy Pennebaker, and Meghan listened to and addressed concerns from Supervisor Allen that led to this discussion. Sheila McBride also had some suggestions that were well received by the committee. Melissa Jacobs and Annie Mikal-Heine both expressed their thanks for the updates and the progress being made. Annie had some additional suggestions and expectations she felt would be essential moving forward. Pam also addressed the staffing challenges and feels confident with where the fiscal team is going in resolving the fiscal issues.

**C. An Introduction to AAA4's In-House Budget, presented by Kellie Bruton**

**D.** Due to time constraints, the budget review will be tabled for this meeting and will be discussed at the Governing Board meeting in December.

**VII. REPORTS**

**A. Advisory Council**

1. Executive Committee – *V. Chair Karen Flanagan*

- The committee met prior to the Joint meeting to discuss the agenda items.
- The Nominating Committee met earlier today and put together the Slate of Officers for 2026 which will continue with Dr. Catheryn Koss as the Chair, Karen Flanagan as Vice Chair, and Sylvia McBride as Secretary. In January, the Advisory Council will bring the Slate of Officers to a vote.

**B. Governing Board**

1. Executive Committee – *Chair Supv. Dryden*

- The committee met prior to the Joint meeting to discuss the agenda items.
- The committee is also in the process of working on the Executive Director's Annual Performance Review. Dr. Julie will be sending out surveys to gather information for the evaluation.

2. Audit/Finance Committee – *Auditor/Treasurer Meghan Rose*

- The committee met prior to the Joint meeting to discuss the current and projected cash flows of the Agency, the audits and working with Gilbert, and the progress of moving towards the AR model within AccuFund, as well as an automated payroll system.

3. Nominating Committee – *Chair Supv. Dryden*

- The Nominating Committee put forth a slate of officers that were approved today and will be bringing that back for the next meeting.

**C. Executive Director's Report, Executive Director, Pam Miller**

- Pam had a long agenda, but due to the time she kept it brief.
- The Area Plan Committee Meeting will be on December 19<sup>th</sup> to go over the final changes to the plan.
- The Advisory Council will not be meeting in December.
- Committee preference forms will be going out next week. Please try to get them returned by the second week of December so committees can be set for 2026.

**VIII. ANNOUNCEMENTS –**

- Carl Burton had some things do discuss, but will bring them to the next meeting.

**IX. ADJOURNMENT**

Chair Supervisor Dryden called for a motion for adjournment at 12:50 p.m.

**\*\*TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL [GoverningBoard@AgencyOnAging4.org](mailto:GoverningBoard@AgencyOnAging4.org)**

*Recordings are on file for one (1) year.*

# AGENCY ON AGING AREA 4

## 2026 ADVISORY COUNCIL MEETING SCHEDULE

Date	Time	Activity	Location
1/15/26	10:00 a.m.	<b>Business Meeting</b> Installation of Officers for 2026	Sacramento
2/19/26	10:00 a.m.	<b>Business Meeting</b>	Sutter
3/19/26	10:00 a.m.	<b>Business Meeting</b>	Sacramento
<b>**4/10/2026</b>	10:00 a.m.	<b>JOINT Meeting with the Advisory Council</b> <b>**This meeting meets on a Friday</b>	Sacramento
5/21/26	10:00 a.m.	<b>Business Meeting</b> Older Americans Month CA Senior Legislature Election	Yolo
6/18/26	10:00 a.m.	<b>Business Meeting</b>	Sacramento
7/16/26	10:00 a.m.	<b>Business Meeting</b>	Placer
8/20/26	10:00 a.m.	<b>Business Meeting</b> Nominate Members for the Nominating Committee	Sacramento
9/17/26	10:00 a.m.	<b>Business Meeting</b> Elect Members for the Nominating Committee	Nevada
10/15/26	10:00 a.m.	<b>Business Meeting</b> Nominate the Slate of Officers for 2026	Sacramento
<b>**11/13/2026</b>	10:00 a.m.	<b>JOINT Meeting with the Advisory Council</b> <b>**This meeting meets on a Friday</b> Election of Officers for 2026 Family Caregiver Month	Sacramento
12/17/26	10:00 a.m.	<b>Business Meeting</b> Installation of Officers for 2026	Sacramento

**CALIFORNIA DEPARTMENT OF AGING**  
**Home and Community Living Division**  
**Older Adult Programs Branch**  
**Planning, Monitoring, and Data Section**  
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Sacramento, CA 95833  
www.aging.ca.gov  
TEL 916-419-7500  
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TTY1-800-735-2929



November 19, 2025

Area 4 Agency on Aging  
Attn: Pam Miller  
1404 El Camino Ave 4<sup>th</sup> Floor  
Sacramento, CA 95815

Dear Director Miller,

The California Department of Aging has reviewed and approved the attached 2025-26 Area Plan Update for Planning and Service Area 04. Your agency has fulfilled its responsibility under the California Code of Regulations, Title 22, Section 7304, to submit an annual update to your four-year Area Plan.

We acknowledge you, your staff, governing board, advisory council, and community representatives for developing the Area Plan. And in building and enhancing your local system of services for older adults, adults with disabilities, and their caregivers.

Please provide a copy of this letter to the governing board and advisory council chairs. If you have any questions, contact the Area Planning Team at [AreaPlan@aging.ca.gov](mailto:AreaPlan@aging.ca.gov).

Sincerely,

A handwritten signature in cursive script that reads "Jamie Pope".

Jamie Pope, Section Chief  
Planning, Monitoring, and Data  
California Department of Aging

CC:

Dan Birmingham, Data Manager  
Amanda Towers, State Planning Manager  
Planning, Monitoring, and Data  
California Department of Aging

# PSA 04 - APU 2025-26 - Approval Letter

Final Audit Report

2025-11-19

Created:	2025-11-19
By:	Amanda Towers (amanda.towers@aging.ca.gov)
Status:	Signed
Transaction ID:	CBJCHBCAABAA7aEk_-j3kgFotCduuJxqy7aA-jX7RIIX

## "PSA 04 - APU 2025-26 - Approval Letter" History

-  Document created by Amanda Towers (amanda.towers@aging.ca.gov)  
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-  Document emailed to Jamie Pope (jamie.pope@aging.ca.gov) for signature  
2025-11-19 - 10:40:01 PM GMT
-  Email viewed by Jamie Pope (jamie.pope@aging.ca.gov)  
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-  Document e-signed by Jamie Pope (jamie.pope@aging.ca.gov)  
Signature Date: 2025-11-19 - 10:42:29 PM GMT - Time Source: server
-  Agreement completed.  
2025-11-19 - 10:42:29 PM GMT

**PRESENTATION ITEM VII. A.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: Pam Miller**  
**DATE: January 11, 2026**  
**SUBJECT: Ken Dychtwald's Future Vision of Health, Aging and Longevity**

The keynote speaker at the 2025 USAging Conference was renowned psychologist, gerontologist and author, Ken Dychtwald, Ph.D. who presented what he believes are the greatest challenges America's Area Agencies on Aging (AAAs) will face in the years ahead. Due to time constraints, the first portion of his keynote address will be played, then there will be a brief discussion.

**PRESENTATION ITEM VII. B.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: Pam Miller**  
**DATE: January 11, 2026**  
**SUBJECT: An Update on California 2030 Implementation**

In an apparent response to push back from advocates, the California Department of Aging has altered its proposal regarding the new Intrastate Funding Formula (IFF) to mitigate adverse impacts to rural communities. AAA4 Staff will elaborate on this change and share other news related to the ongoing rollout of CA 2030 and SB 1249.

## DISCUSSION ITEM VII. C.

**TO: AAA4 GOVERNING BOARD**

**FROM:** Pam Miller

**DATE:** December 8, 2025

**SUBJECT: An Update on AAA4's Health Care Activities**

For several years now, AAA4 has been applying for grants to develop new programs in the health care arena. The following activities are currently underway:

- California Community Care Connect Project
  - \$150,000 Grant via California Department of Aging
  - Goal: Demonstrate the cost-effectiveness and value-added benefits of Medicaid (Medi-Cal) Managed Care Plans contracting with Area Agencies on Aging (AAA) to provide community-based services.
  - Key Costs: Consultants and Additional AAA4 Staffing
  
- Data Exchange Framework (DxF) Project
  - \$486,541 Grant via California Department of Health Care Services
  - Goal: Establish an IT infrastructure capable of securely exchanging protected client information between community-based organizations and health care organizations.
  - Key Costs: Consultants and Software Development
  
- Mercy Medical Group Demonstration Project
  - \$30,000 Subgrant via Dignity Health (CommonSpirit)
  - Goal: Establish workflow processes whereby patients can be referred to services through secure referrals to AAA4.
  - Key Costs: AAA4 Staffing
  
- Veterans Directed Care (VDC) Program
  - Reimbursement provided through local VA Medical Centers
  - Goal: Enable eligible veterans with significant care needs to avoid or postpone placement in skilled nursing facilities through the coordination of paid, in-home care.
  - Key Costs: Fiscal Agency and AAA4 Staffing

AAA4 Program Administrator Anson Houghton will provide updates on each topic.