

MEETING NOTICE & AGENDA

ADVISORY COUNCIL

LOCATION	Agency on Aging Area 4 1401 El Camino Ave. Suite 400, Sacramento, Ca 95815
ALTERNATE LOCATION:	Sierra County Sierra County School for Adults 605 School Street Loyalton, CA 96118
DATE:	October 16, 2025
TIME:	10:00 a.m. – 12:00 p.m.
ZOOM:	Members of the public wishing to join the meeting via Zoom, please use this link: Click Here to Join

I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, WELCOME & INTRODUCTIONS

A. IF NEEDED – AB 2449 “just cause” provision

II. PUBLIC COMMENT

III. CONSENT

A. Adopt the agenda
B. Approve the minutes from 8/21/2025

IV. CORRESPONDENCE

None.

V. ACTION ITEM

A. Elect Members to Serve on the Nominating Committee

VI. DISCUSSION/PRESENTATION

A. CBS News Piece on Yuba-Sutter Meals on Wheels
B. AAA4’s PEARLS Program
C. Reflections on National Ageism Awareness Day
D. Overview of New Elder Index Data

VII. REPORTS

- A. Executive Committee
 - What's Your Why?
- B. Governing Board
- C. Area Plan Committee (APC)
- D. Joint Program Evaluation Committee (JPEC)
- E. Strategic Planning Committee
- F. Executive Director

VIII. ANNOUNCEMENTS

IX. ADJOURN

ATTACHMENTS TO BE SENT UNDER SEPARATE COVER:

None.

Disability Accommodations:

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876 or email governingboard@agencyonaging4.org at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.

Upcoming Committee Meetings:

EXECUTIVE COMMITTEE

10/16/2025, 9:30am – 10:00am

AGENCY ON AGING AREA 4 Advisory Council

Date: August 21, 2025
Location: **Sacramento County**

I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, WELCOME & INTRODUCTIONS**

Chair Dr. Koss called the meeting to order at 10:07 a.m., welcoming guests and members. The pledge of allegiance was led by Dr. Koss.

Advisory Council Attendance

<i>County</i>	<i>Members Present - 14</i>	<i>Excused = 9; Absent = 2</i>
Nevada	A.Mikal-Heine	Kelly Carpenter (E);
Placer	K. Flanagan	David Wiltsee (A)
Sacramento	S. McBride; Dr. C. Koss; M. Jacobs; A. Zonderman;	Dr. T. Abah (A)
Sierra		W. Church-Bergstrom(A)
Sutter	P. Epley; T. Thomas	
Yolo	J. Bohon; Seth Brunner*	C. Dorsey (A);
Yuba		R. Drown;(A) L. Drown (A)
At Large	P. Nelson; H. Linder; M. Moreno; R. Saenz	

*Teleconferencing according to Brown Act Emergency Provision.

On-site AAA4 Staff

Pam Miller, Julie Bates PhD Will Tift, Sara Martinez

AAA4 Staff via Zoom

Jodi Mesa, Julie Beckner, Anwar Masroor, German Ayon, Nancy Vasquez, Anson Houghton, Cindi Johnson

On-site Guests

N/A

Guests via Zoom

Jeri Shikuma, ACC Senior Services

II. ROLL CALL

- Motion: Approve Seth Brunner teleconferencing according to the Brown Act. Quorum was then established through Roll Call.

Motion	Second	Passed
P. Epley	R. Saez	Y= 13; N= 0; Abstain= 0

I. PUBLIC COMMENT

None.

II. CONSENT CALENDAR

A. Motion: Adopt the Agenda and approve the minutes from 7/17/2025 as amended.

Motion	Second	Passed
T. Thomas	K. Flanagan	Y= 14; N= 0; Abstain= 0

III. CORRESPONDENCE

Not Applicable

IV. ACTION ITEM

Not Applicable

V. DISCUSSIONS/PRESENTATIONS

A. The 60th Anniversary of the Older Americans Act: Continued

Will Tift continued the discussion about the 60th Anniversary of the Older American’s Act. This discussion was based on the three questions at the end of the presentation. Jim Bohon led the discussion by sharing his thoughts on the positive developments that have occurred since the act was first signed. From there others contributed their thoughts.

B. Yuba Sutter Local Aging & Disability Action Plan (LADAP): The Final Report

German Ayon presented the final report for the Yuba-Sutter Local Aging and Disability Action Plan. He started by informing the council of who was involved with this project, Agency on Aging Area 4, and FREED, who are partners in the Yuba-Sutter Aging and Disability Resource Connection. In his presentation, German gave a brief overview of the project, an update of where they are, and what their next steps are.

C. Sacramento County Local & Disability Action Plan (LADAP): The Final Report

Contessa Bunn from Sacramento County presented the final report for the Sacramento LADAP. Contessa started her presentation by sharing the story of how she became involved with the project. She shared a bit about her work experience and then went on to discuss the goals and next steps that county will continue to work on moving forward. Contessa explained to the Advisory Council how the Sacramento LADAP aligns with the California Master Plan On Aging’s 5 Bold Goals. She then went into detail as to how that was. To end her presentation, she answered questions from the council.

D. California 2030: Next Steps

Pam opened the discussion on this topic by sharing that California has been going through the process of making a plan based on the Master Plan for Aging of where California will be in 2030. She shared that this started with meetings where many things were discussed, like Funding and Governance. Pam then shared that she and Rita were surprised that from these meetings came SB1249. Dr. Koss then asked Pam to remind everyone what SB1249 was. Will then took over the discussion. He shared what has happened in meetings with CDA since March 2025 and how CDA wants to move forward, including changes they would like to make to the Intrastate Funding Formula.

E. The Home and Community-Based Services (HCBS) Landscape Tool: A Brief Demonstration

Due to lack of time, this presentation was not given and will put off for the next meeting

VI. REPORTS

A. Executive Committee

Dr. Catherine Koss reported that the committee met before the Advisory Council meeting to discuss what was on the agenda and shared that she signed the Legislative Letters that had been approved the previous time. She then let Harrison Linder present and share his why.

- What's Your Why?

Harrison shared with the Council that he is the Assistant Director of Housing and Policy Leading Age Care of California and that this was the main way he became involved with working with older adults. He explained that in the beginning he didn't have an interest in aging issues but as he started to learn about them through his job he realized that the issues affecting older adults were also affecting people of his generation. Harrison then shared that he is also on the Sacramento Adult and Aging Commission, and that he has various interests outside of work.

B. Governing Board

Jodi reported that the Governing Board had last met on August 8th. She shared the action items the board voted on and the presentations they heard, a few of which were presented here.

C. Area Plan Committee

Will reported that the committee met a week before this meeting and they were able to include various items into the Area Plan like the ADRC work, and playbook work. Will also shared how the committee is looking ahead to the 2026 survey and what that might entail.

D. Legislative Committee

Jim Bohon reported that the Legislative Committee met on July 21st and discussed the letters that were signed today. He went on to share that the Bills the committee is watching are all in committees either appropriations committee or fiscal committees waiting to be voted on.

E. Executive Director

Pam reported on how we had a start date for Diane Swanson of September 2nd, and that Diane would be joining the Operations Team as the new Operations Technician III. She reported that AAA4 has signed a contract with Anthem Blue Cross for Medicaid funding. Pam informed the Council of the Virtual Open House that the agency hosted for all the funded partners. She then shared the JPEC Committee would be meeting on September 4th. Pam then went on to discuss various changes that coming in the future to current programs. She then reminded everyone the September meeting would be held in Nevada County.

VII. ROUNDTABLE: ANNOUNCEMENTS

Karen Flanagan reminded everyone about Placer County's Placer Protect Resource happening on September 11th.

VIII. ADJOURNMENT

Chair Dr. Koss called for a motion for adjournment at 12:03 p.m.

****TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL Advisory_Council@AgencyOnAging4.org**

Recordings are on file for one (1) year.

DISCUSSION/PRESENTATION ITEM VI. A.

TO: AAA4 ADVISORY COUNCIL
FROM: Pam Miller
DATE: October 10, 2025
SUBJECT: CBS News Piece on Yuba-Sutter Meals on Wheels

On August 28th CBS News Sacramento (Channel 13) aired a story about the Yuba-Sutter Meals on Wheels program, featuring the positive impact of a new \$150,000 grant from Sutter Health. The video will be shared during the 10/16 Council meeting.

DISCUSSION/PRESENTATION ITEM VI. B.

TO: AAA4 ADVISORY COUNCIL

FROM: Pam Miller

DATE: October 14, 2025

SUBJECT: AAA4's PEARLS Program

The Program to Encourage Active, Rewarding Lives (PEARLS) is an evidence-based, in-home counseling program can help aging adults reduce depressive symptoms and improve quality of life in older adults. It is currently available to Sacramento County residents age 60+. AAA4 Case Manager Melyssa Santos-Hollitz will provide an overview.

DISCUSSION/PRESENTATION ITEM VI. C.

TO: AAA4 ADVISORY COUNCIL

FROM: Pam Miller

DATE: October 10, 2025

SUBJECT: Ageism Awareness Day

National Ageism Awareness Day happened on October 9th. AAA4 Staff member Sara Martinez will share resources from the American Society on Aging (ASA) which commemorated the event.

DISCUSSION/PRESENTATION ITEM VI. D.

TO: AAA4 ADVISORY COUNCIL

FROM: Pam Miller

DATE: October 10, 2025

SUBJECT: New Elder Index Data

AAA4 is pleased that UCLA's Center for Health Policy Research has resumed work on the Elder Economic Security Standard Index (Elder Index) which is a measure of how many older adults have incomes above the federal poverty level but below the median cost of living in their community – a group of people that is also referred to as “the Forgotten Middle.” This presentation will feature new data for our seven counties