

AGENCY ON AGING AREA 4

Nevada | Placer | Sacramento | Sierra | Sutter | Yolo | Yuba Counties

During the state fiscal year 2021-2022, as our agency entered the second year of working remotely, we became more accustomed and skilled with this new way of providing services. Then, in May of 2022, we reopened our office to the public a full two years and two months after California's original pandemic declaration. Our staff had to, again, pivot to keep our doors open and respond to the increase of in-person meetings and services.

With the State's focus on the Master Plan for Aging we added new health and wellness programs, expanded our Adult and Disability Resource Connections (ADRCs) to Sacramento, and provided technology devices to clients in an effort to reduce isolation. The grant funding we received for ADRCs allowed us to serve more than just older adults. Because of this, and the many changes made during the pandemic, it was a good time to take a fresh look at our Mission and Vision statements.

A small Project Planning Team was assembled, who worked with agency staff to evaluate what we do as an agency and how this work fits into the Area Plan goals, the Master Plan on Aging and our guidance from the Governing Board and Advisory Council. Of course, nobody knows the work like our staff so I sat down with all of the teams in our agency and started listening.

The Project Planning Team took our staff responses and after many edits and rewrites, proposed new Mission and Vision statements that were readily approved by our board and council.

With the support of our staff, Advisory Council, and Governing Board, I believe we can continue to touch and improve the lives of everyone we serve.



Pamela Miller
Executive Director

2021-2022 Annual Report



Our New Mission:

Enriching the lives of older adults
and people with disabilities by
FOSTERING networks of support,
ADVOCATING for individual choice,
COLLABORATING with others,
ENSURING equity, and
STRIVING to do so with conviction.

Our New Vision:

An Ageist and Ableist free society

2021-2022 The Governing Board and Advisory Council

Our organizational structure consists of our Governing Board, the Advisory Council and staff. AAA4 is comprised of seven counties. Great care was taken when our Joint Powers Agreement was drafted, to assure fair governance representing all of the communities we serve. Members of these two bodies have the responsibility of assuring the overall health of AAA4 and its ability to serve all seven counties, while being the voice of their individual communities.

Both our Governing Board and Advisory Council are appointed at the beginning of each calendar year. Because our Annual Report is based on the State Fiscal Year (July 1st—June 30th) some members listed below may have ended or begun their term mid-fiscal year.

2021 / 2022 GOVERNING BOARD

Nevada County: Supervisor Ed Scofield
Alternate: Supervisor Heidi Hall
Andrew Burton *Chair 2021 & 2022*

Placer County: Supervisor Jim Holmes
Robin Jordan
Meghan Rose

Sacramento County: Supervisor Phil Serna
Alternate: Maxine Milner Krugman
Alternate: Julie Bates
Supervisor Susan Peters
Supervisor Rich Desmond
Alternate: Carl Burton
Supervisor Don Nottoli
Supervisor Patrick Kennedy
Alternate: Miko Sawamura
Supervisor Sue Frost

Sierra County: Supervisor Lee Adams
Supervisor Sharon Dryden
Alternate: Supervisor Terry LeBlanc

Sutter County: Supervisor Karm Bains
Tonya Beebe

Yolo County: Supervisor Jim Provenza
Alternate: Patti Huston
Nancy Pennebaker

Yuba County: Supervisor Don Blaser
Alternate: Andy Vasquez
Alternate: Supervisor Seth Fuhrer
Ateequr Rehman

2021 / 2022 ADVISORY COUNCIL

Nevada County: Annie Mikal-Heine
Kelley Carpenter
Lindy Beatie
Michele Socik

Placer County: David Wiltsee
Gloria Plasencia
Jim Williams

Sacramento County: April Carni
Dr. Catheryn Koss, *Chair 2021 & Vice-Chair 2022*

Sierra County: Vacant

Sutter County: Carol Pickard
Dr. Gurprit Singh Baines
Pam Epley *Chair, Vice-Chair 2021 & Chair 2022*
Tanna Thomas

Yolo County: Charlotte Dorsey
Elizabeth Yeh
Lydia Bourne
Terry Kelley

Yuba County: Debbie Panteglow
Gayle Diamond
Rita Hammill

Members At-Large: Claire Buckley
Theresa Abah

From Problems to Solutions

AAA4's First Strengths Assessment

By Will Tift, Assistant Director

For decades, AAA4 has followed a three-step process with respect to overall planning and funding per California Department of Aging (CDA) requirements and timelines. First, we conduct a comprehensive Needs Assessment. Second, the Needs Assessment results serve as a foundation for setting the Agency's priorities as reflected in the Area Plan. Third, to "implement" the Area Plan, we issue a major Request for Proposals (RFP) to find local organizations that can deliver Older Americans Act (OAA) services.

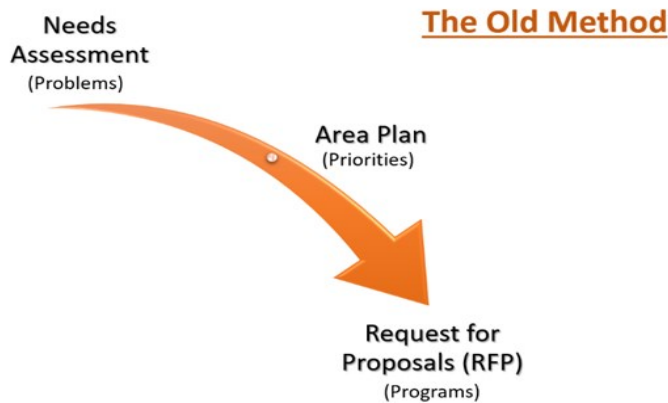
This three-step process is inherently reductionist because no matter how broad the Needs Assessment may be, the subsequent Area Plan splinters the results into OAA funding silos in preparation for further refinement into pre-

defined service categories for inclusion in the RFP. As a result, the Agency largely ends up funding the same organizations to offer the same programs year after year, cycle after cycle, even as real peoples' problems deepen and spread.

In January of 2021, the Governor's Office released the Master Plan for Aging (MPA) which is intended to serve as "a 'blueprint' for state government, local government, the private sector, and philanthropy to prepare the state for the coming demographic changes and continue California's leadership in aging, disability, and "equity." (source: <https://mpa.aging.ca.gov/>)

The Master Plan makes clear that no single organization (including the State itself) is capable of "solving" the systemic challenges associated with Housing, Health, Inclusion & Equity, Caregiving and Affording Aging. However, organizations working together deliberately and strategically are capable of chipping away at major barriers in ways that have meaningful impacts on individuals and families.

The MPA has given us newfound optimism. By focusing on solutions, seeking out strategic opportunities and actively helping our Funded Partners achieve fiscal sustainability, we believe we can embrace an expansionist approach that will work to the benefit of all parties.



Our 7 County Service Region: 60+ Population in 2022

| | |
|---|----------------|
| Total State 60+ Population | 9,259,582 |
| Agency on Aging\Area 4 60+ Population | 6.3% |
| 60+ Populations by County: | |
| Nevada County | 38,421 |
| Placer County | 112,243 |
| Sacramento County | 348,333 |
| Sierra County | 1,452 |
| Sutter County | 22,035 |
| Yolo County | 46,488 |
| Yuba County | 14,788 |
| Total 60+ Population in Service Region | 583,760 |

Data taken from 2022 CDA Population Projections

A New Method



In the Fall of 2021, a group of AAA4 Staff formed a Design Team to steer the project. One of the Team’s first and most noteworthy tasks was to engage with County Staff at all seven local Human Services Departments and with the Executive Directors of the three local Independent Living Centers (ILCs). AAA4 is a Joint Powers Agency that is governed by County Supervisors; therefore, moving forward it is critical that Agency Staff coordinate with County Staff, particularly those responsible for Adult Protective Services (APS), In-Home Supportive Services (IHSS) and Public Guardian programs.

In addition, the work of AAA4 is now inextricably tied to the work of our ILC colleagues by virtue of our numerous ADRC (Aging and Disability Resource Connection) partnerships. Whether we picture folks with existing disabilities who are growing older, or older people who are “acquiring” disabilities as they age, both groups of people and their family caregivers share the same systems of care. The Master Plan is written for people of all ages and all abilities.

In March of 2022, the Strengths Assessment began as the Governing Board and the Advisory Council hosted guest speakers on existing approaches that directly

relate to the 23 Strategies in the Master Plan. The presentations were meant to spark discussion about how to enhance the effectiveness of these existing efforts through local leadership and advocacy.

The Board focused on administrative, fiscal and policy solutions. To encourage a fruitful discussion from the start, key County Staff and County Commissions were invited to attend and share their expertise and knowledge.

The Advisory Council looked at programmatic solutions, especially around overcoming barriers to service such as: access, awareness, culture, language, resistance to change, stigma and technology. Subject Experts and key Service Providers were invited to enrich these discussions.



The Master Plan for Aging contains five major goals. We started with the third goal because, in the words of the authors, “equity is fully ‘baked in’ to the Master Plan.” Stated differently, the very reason Agencies on Aging and Independent Living Centers need to exist is because older adults and people with disabilities tend to be less valued than the younger and “able-bodied” members of our society.

To date, there have been 22 presentations to the Advisory Council (most of which were repeated for the Governing Board) on the following MPA Strategies: Leadership in Aging; Inclusion & Equity; Opportunities to Work; Protection from Abuse, Neglect & Exploitation; Closing the Digital Divide; Family & Friends Caregiving; Good Caregiving Jobs Creation; and, Virtual Care Options. In the months ahead, the Agency will complete the MPA list by reviewing Senior Hunger, Housing, Transportation and Health Care. Then, AAA4 will be ready to build a Master Plan for its 7-county region – a plan that “connects the dots” between State and local efforts.

The Master Plan for Aging outlines five bold goals and twenty-three strategies to build a California for All Ages by 2030. It also includes a Data Dashboard on Aging to measure our progress and a Local Playbook to drive partnerships that help us meet these goals together.

Go to mpa.aging.ca.gov to learn more

2021-2022 Revenues and Expenses

Without a strong fiscal house and adequate funding to support the lofty endeavors of a creative, collaborative staff, very little can be accomplished. With increased grant funding outside of the Older American’s Act, the Fiscal Department has had to manage more grants along with additional grant requirements that come with them. They have risen to the challenge with both grace and skill. The numbers below represent funds expended and earned, not the total amount of grants awarded during the fiscal year.

| REVENUE | 2020-2021 | 2021-2022 | Percentage (of Revenue) |
|------------------------------|---------------------|---------------------|----------------------------|
| Federal Funds | \$8,881,518 | \$11,533,980 | 72% |
| State Funds | 3,226,890 | 3,898,678 | 24% |
| County Match | 605,086 | 553,493 | 3% |
| Other Funds (Primarily DAHS) | 7,747,659 | 61,534 | 0% |
| <i>Total</i> | <i>\$20,461,153</i> | <i>\$16,047,685</i> | <i>100.0%</i> |

| EXPENSE | 2020-2021 | 2021-2022 | Percentage (of Revenue) |
|-------------------------------------|---------------------|---------------------|----------------------------|
| Administration (OAA Only) | \$1,314,336 | \$1,425,644 | 9% |
| Nutrition | 13,331,594 | \$6,627,927 | 41% |
| Support Services | 2,030,077 | \$2,063,934 | 13% |
| Ombudsman/Elder Abuse Prevention | 1,128,691 | \$1,019,400 | 6% |
| Caregiver Services | 1,117,020 | 1,052,666 | 7% |
| CARES, CARES ADRC, FFCRA | 0 | 1,827,358 | 11% |
| HICAP | 666,572 | 550,356 | 3% |
| ADRCs | 532,465 | 458,017 | 3% |
| Vaccine Access | | 97,283 | 1% |
| CalFresh (SNAP-Ed) | 129,818 | 139,091 | 1% |
| MIPPA | 99,764 | 130,346 | 1% |
| Health Promotion/Disease Prevention | 57,846 | 91,409 | 1% |
| CAA | 0 | 505,877 | 3% |
| Dignity at Home | 52,970 | 58,377 | 0% |
| <i>Total</i> | <i>\$20,461,153</i> | <i>\$16,047,685</i> | <i>100.0%</i> |

2021-22 represents unaudited financials. Audits to be performed by MUN CPAs

Fiscal Notes:

- The Fiscal Department added an Accountant to the team to assist with the tracking and reporting for all the new grants that were added since fiscal year 2019/20.
- Transitioned our 403(b) Plan from Nationwide to Empower to take advantage of lower fees and higher returns.
- The Fiscal Department experienced many personnel changes including staff departures, promotions, and new hires. Despite these challenges, the Fiscal Team successfully completed our annual internal audit, a two-year CDA fiscal audit, a CDA Fiscal Monitoring visit and the Fiscal Year-End Closeout in July 2022.

Aging and Disability Resource Connection - ADRC

The California vision for **Aging and Disability Resource Connections (ADRC)** is to establish, in every community, highly visible and trusted sources of information where people of all incomes and ages can turn for a full range of services. ADRCs serve as an entry point into the long-term services and supports (LTSS) system for older adults, people with disabilities, caregivers, veterans, and families. Partnering with the Independent Living Center and other key community organizations in each county, we have worked to develop and refine protocols, establish vital partnerships, and provide information and assistance. To date we have four designated ADRCs (Nevada, Placer, Yolo, and Yuba-Sutter counties) and one emerging ADRC in Sacramento County.

ADRCs were able to continue to expand services. Through Core Partners and Expanded Partners, many individuals have been able to receive multiple services through a single contact rather than contacting multiple agencies to receive needed assistance.

Highlights and Accomplishments for FY 2021-2022:

- **Nevada County** FREED is the lead partner and provided the majority of the services in Nevada County. The ADRC's major project was to partner with Nevada County to bring the State Master Plan for Aging to the local level. Using the local playbook the ADRC participated with the County and other

Community Based Organizations to examine what areas of the master plan on aging would be looked at as good starting points at the local level.

- **Placer County** Staff began receiving referrals for Care Transition Intervention services from Sutter Auburn Faith Hospital. The Placer ADRC Case Manager/Navigator is stationed at Placer Independent Resources Services (PIRS) and Seniors First during the work week. ADRC marketing materials were delivered twice to all home-delivered meal recipients. ADRC staff were actively involved with the Placer County Needs Assessment.
- **Yolo County** Increased capacity of core service delivery by adding new Options Counselors, providing case management at Yolo Healthy Aging Alliance. Signed six new Memorandums of Understanding (MOUs) between the three ADRC core partners and Community Based Organizations including adding 211 to our steering committee to improve critical



ADRC Core Services Definitions:

- **Enhanced Information & Assistance:** Consumers receive a response to their question(s) and/or complete an assessment of their needs.
- **Options Counseling:** Personal interviews discover strengths, values and preferences to develop a personalized action plan to meet consumer goals.
- **Short-Term Service Coordination:** Meeting urgent needs that permit individuals to remain in their community through Long Term Support Services.
- **Transition Services:** Supporting transitions from a care facility to home for individuals at high risk of hospital/facility readmittance.

18,860 Front Desk
Inbound/Outbound Calls

service pathways and warm hand-offs between the ADRC partners. Provided a range of services and information in response to the COVID pandemic including Ads on Spanish TV and Radio on vaccine information and appointment assistance; provision of vaccination immunization clinics; creation of new Phone Friends Program to fight isolation of Older Adults through YHAA. Staff from all ADRC partners completed Boston University CADER Options Counseling Certificate and Community Transitions Intervention Training.

- **Yuba-Sutter Counties** A new search feature was developed and added to FREED's Information and Assistance (I&A) public database. AAA4 and FREED direct service staff, completed the Boston University CADER Options Counseling Certificate. The Dine at Home Program was maintained using ADRC CARES Act funds. Collaboration examples include

consumer gift cards, chrome books, and Google Speaker distribution.

- **Sacramento County (Emerging)**, As a newly Emerging ADRC, the first kick-off event was held Thursday, April 7, 2022 and two more Advisory Committee meetings have been held since. More than fifteen partner agencies attended these meetings.
- The central website <https://agencyonaging4.org/adrc/> continued to be developed as a place where consumers and professionals can go to learn more about ADRCs. There is specific information related to each county, including the partners involved, upcoming ADRC related activities, and single-entry contact information supporting a No Wrong Door system.



An AAA4 staff case worker assisted a woman who had been cited by Adult Protective Services (APS) because she was not managing care for her mother living with dementia. The situation was stabilized by getting the mother to a doctor, the consumer to mental health counseling, and assisting her in hiring a new caregiver to come in and relieve some of the pressures around caregiving. This also included speaking with the APS social worker.

As the situation was stabilized, staff moved the consumer and her mother into Options Counseling (BRICC) to work on longer-term solutions such as increasing opportunities for social interaction, keeping an organized record of her mother's appointments, and education on how to communicate peacefully with a loved one with dementia.

Funded Partners and Direct Services FY 2021-2022

Nevada County

Connecting Point, 2-1-1 Nevada
Community Beyond Violence
FREED Center for Independent Living
Gold Country Community Services, Inc.
Paratransit Services/Gold Country LIFT
Sierra Senior Services

Placer County

Del Oro Caregiver Resource Center
Legal Services of Northern California
Placer Independent Resource Services (PIRS)
Seniors First, Inc.
Sierra Senior Services

Sacramento County

ACC Senior Services
Community Link, 2-1-1 Sacramento
Del Oro Caregiver Resource Center
Legal Services of Northern California
Wayfinder Family Services
Meals on Wheels by ACC
Rebuilding Together
Stanford Settlement

Sierra County

FREED Center for Independent Living
Inc. Senior Citizens of Sierra County

Yolo County

Del Oro Caregiver Resource Center
Dignity Community Care: Yolo Adult Day Health Center
Legal Services of Northern California
Meals on Wheels Yolo County
Yolo Healthy Aging Alliance
Community Link, 2-1-1 Yolo

Yuba and Sutter Counties

FREED Center for Independent Living
Yuba-Sutter Legal Center for Seniors

All Counties

(including San Joaquin and El Dorado)
HICAP Services of Northern California
(Health Insurance Counseling & Advocacy Program)

Direct Services provided by AAA4:

Regular Services

Person Centered Counseling
Dignity At Home Fall Prevention Program
Dine Around Town Restaurant Voucher Program
Yuba - Sutter Counties
Health Promotion
Long-Term Care Ombudsman Program
Elder Abuse Prevention
Mature Edge Job Readiness Program
MIPPA
Medicare Improvements for Patients & Providers Act
CalFresh Healthy Living/SNAP-Ed
Supplemental Nutrition Assistance Program Education
Yuba-Sutter Meals on Wheels

Another Success

A Yuba Sutter Legal Center client had her Supplemental Security Income (SSI) terminated on the grounds that she had a home in another county that she was not living in. SSI had also ruled that she was overpaid several thousand dollars since she had not lived in the home for three years. Social Security began taking 10 percent of her already small Social Security benefit.

The woman had moved out of the jointly owned home due to domestic violence. She had submitted letters to the Social Security office from the domestic violence shelter she went to when she moved out.

After a redetermination, the Social Security office said it had no proof that she left for domestic violence reasons. Therefore, the property was available for her to live in. After the client's request for reconsideration was denied by the local office, the Legal Center filed a request for hearing before an administrative law judge who ruled the client had met the standards for showing she could not return home and she was not over the resource limit. Her SSI was re-instated, and all past benefits withheld and Social Security money collected were returned to her.

2021-2022 Service Units:

| Service Category | Unduplicated Individuals | Regular Units of Service | Covid Activities |
|--|--------------------------|--|--------------------|
| CalFresh Healthy Living (<i>SNAP-Ed</i>) | 35 | 6 direct education | |
| Caregiver Assessment | 1,420 | 4,691 hours | |
| Caregiver Case Management | 207 | 1,532 hours | |
| Caregiver Counseling (BRICC) | 547 | 2,154 hours | |
| Caregiver Respite: | 309 | 15,823 hours | |
| Congregate Meals | 1,333 | 35,735 meals | 304,590 meals |
| Elder Abuse Prevention: Education Materials | 772,396 | 190 distributions | |
| Elder Abuse Prevention: Public Education | N/A | 1 session | |
| Fall Prevention: Dignity at Home | 223 | 249 modifications | |
| Fall Prevention: Live Strong and Safe | | 0 presentation | |
| Older Relative Caregiver: Support Groups | 8 | 120 hours | |
| Health Promotion | 15 | 84 contacts | 3,172 (Get Set Up) |
| HICAP | 3,077 | 3,077 people counseled | |
| Home Delivered Meals | 4,956 | 678,230 meals | 114,810 meals |
| Information & Assistance | 24,166 | 33,171 contacts | |
| Legal Services | 1,690 | 4,810 hours | |
| LTC Ombudsman: Complaints/Cases Opened | N/A | 1,952 | |
| LTC Ombudsman: Facility Visits | N/A | 5,653 (1,945 complaint 3,708 non-complaint) | |
| Mature Edge Job Readiness Program | 56 | 98 activities | |
| Outreach | 1,053 | 1,053 contacts | 983 Activities |
| Policy, Systems, Environmental Changes (PSE) | 85 | 1 | Edible Garden |
| Residential Repair/Home Modification | 256 | 325 modifications/ repairs | 1,116 activities |
| Transportation | 1,177 | 22,881 one-way rides | 16,387 activities |

Hybrid Direct Service Programs

During the COVID-19 pandemic, AAA4 Direct Services staff adapted in a huge way to provide services remotely. Then as COVID-19 restrictions loosened and it became safer to provide services in person, AAA4 staff worked to find the best of both worlds. Being able to teach classes in person AND remotely brought a new level of flexibility, allowing us to provide more services to a wider population. Of course, this brought a new level of complexity to some of our service models. This is a challenge that staff met head on with great success.

Health Promotion (Title IIID) services consist solely of evidence-based programs.

Diabetes Empowerment Education Program (DEEP) – We continued to create online videos and provided one virtual class via Zoom.

A Matter of Balance (MOB) – During the lock-down we were unable to provide A Matter of Balance fall prevention classes virtually. However, by the end of FY21-22 we were ready to ramp up the program again. We are proud to announce that in May 2022 our Health Promotion Specialist was trained and certified as a Master Trainer in A Matter of Balance. Also, we recruited a skilled volunteer and hired two new instructors who were all trained and certified. Full, in-person classes will be offered in FY22-23.

Bingocize – Bingocize is an evidence-based program that combines a bingo-like game with exercise and health education. The program helps older adults improve mobility and independence while learning about fall prevention and other health behaviors. We collaborated with ACC Senior Services in the Spring to conduct a hybrid series of classes in their recording studio.

Mature Edge Job Readiness Program (Title IIIB) Our talented Job Readiness coordinator is now offering hybrid classes. Some participants, that may have difficulty attending in person, are able to join classes via Zoom while, those that prefer to attend in person are able to do so. Additionally, career counseling and job search assistance have continued over the phone.



AAA4 Edible Garden Volunteer at Lavender Courtyard Senior Housing Community

Other Wins:

We were able to successfully install an edible garden in record time for the Grand Opening Celebration at Lavender Courtyard Senior Housing Community. It was a huge lift, but the end result is beautiful and productive.

The AAA4 Monthly Newsletter has grown in size and the number of subscribers has grown from 200 to 850 subscribers.

Our YouTube Channel where we host healthy cooking demonstration videos continues to gain new viewers.

Long-Term Care Ombudsman Program: Our **Regional Ombudsman staff and volunteers** were able to continue in-person facility visits. Personal Protective Equipment (PPE) continues to be used to keep our staff and facility residents and staff safe. Additional funding has allowed us to continue to hire additional Regional Ombudsman staff. During FY 2021-2022 more than 800 long-term care facilities were visited quarterly. They consistently met or exceeded their goals for the year.

Elder Abuse Prevention Program: Our third annual advertising campaign promoting Elder Abuse Awareness month in June was a large success. Again this campaign included TV commercials on KCRA, print advertising in local newspapers throughout PSA 4, advertising on Facebook and other social media, and distribution of a custom elder abuse awareness flyer. **This campaign reached an estimated 772,396**, more than six times as many people as last year!

CalFresh Healthy Living (formerly SNAP-Ed): In addition to pivoting our primary evidence-based curriculum, **Eat Smart Live Strong** from in-person education to a virtual format after the onset of the pandemic, we added a new curriculum – Food Smarts. We are now providing this curriculum both virtually and in person. We have also continued to focused our efforts on developing **community edible gardens**. Our program continues to be considered a leader by CDA.

Dignity At Home Fall Prevention Program: During the pandemic we collaborated with Rebuilding Together Sacramento (RTS) to deliver **Senior Safety Kits** to the homes of individuals on the RTS wait list for in-home services. RTS is now providing in-home repairs (steps, walkways, etc.) and safety modifications (ramps, grab bars, railings, toilet risers, etc.) We also continue to provide virtual presentations of our newly created **Live Strong and Safe** Fall Prevention Program.

GetSetUp: We continued our successful collaboration with GetSetUp, an education platform providing various virtual, live classes taught by older adults for older adults.

iPad Devices: iPad tablets were provided by the CDA in a joint venture with AT&T to help reduce the digital divide among isolated older adults during the pandemic. Ninety-nine devices were distributed throughout PSA4 during FY 2021-2022.



*"My wife used to cook for me, but now she has dementia.
You taught me how to cook for her."
- Cooking Matters Participant*

AAA4 Direct Services Nutrition Programs

As the shelter in place precautions began to lift, the many nutrition programs that we stood up in collaboration with Sacramento, Yolo, Yuba and Sutter Counties ended. Program participants were referred to appropriate food resources in their community. However, because of additional COVID-19 funding, we were able to continue to serve the increased number of clients that had been added to both our Dine Around Town program and our Meals on Wheels program in Yuba and Sutter Counties.

Dine Around Town

- In FY 2021-2022, we served 232 unduplicated clients
- OAA funded Meals Served: 8,326
- COVID-19 OAA Meals Served: 7,881
- This program partners with **Las Brasas**, **2 Bits Café**, **Linda's Soda Bar & Grill**, **Tracey's Diner** and **2 Bits Express** to provide quality meals to program participants in Yuba - Sutter counties.

Yuba-Sutter Meals on Wheels (MoW)

- The number of clients served held steady at 245 unduplicated clients.
- OAA funded meals served: 31,917
- CARES funded meals served: 18,096

Yuba-Sutter Meals on Wheels clients continued to receive regular check-in calls to reduce feelings of isolation.

Sierra Senior Services

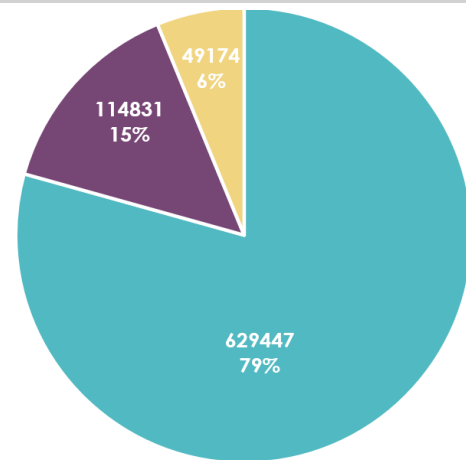
Bill's neighbors worried about him since he seemed to be losing a lot of weight after his wife passed away and he had no way to prepare meals for himself. Bill's diet consisted of snack foods and frozen dinners, so his neighbors called us. After being on the program 6 weeks, Bill has gained 20 pounds and looks forward to eating each day!

Dine at Home Yuba-Sutter Partnership with FREED

We partnered with our ADRC partner, FREED to serve people with disabilities as well as older adults using Community Development Block Grant (CBDG) funding. FREED is funding the endeavor to serve 160 clients with their CBDG grant. Our partner restaurants and delivery system are being used to provide and deliver the meals.

All AAA4 Funded Home Delivered Meals FY 2021-2022

| Funding Source | Home Delivered Meals |
|----------------|----------------------|
| OAA ACTUAL | 629,447 |
| CARES ACT | 114,831 |
| COVID MEALS | 49,174 |
| Total | 793,452 |



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